



# Strategies towards **large-scale carfree areas**

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European-level activities to promote strategies towards  
large-scale carfree areas

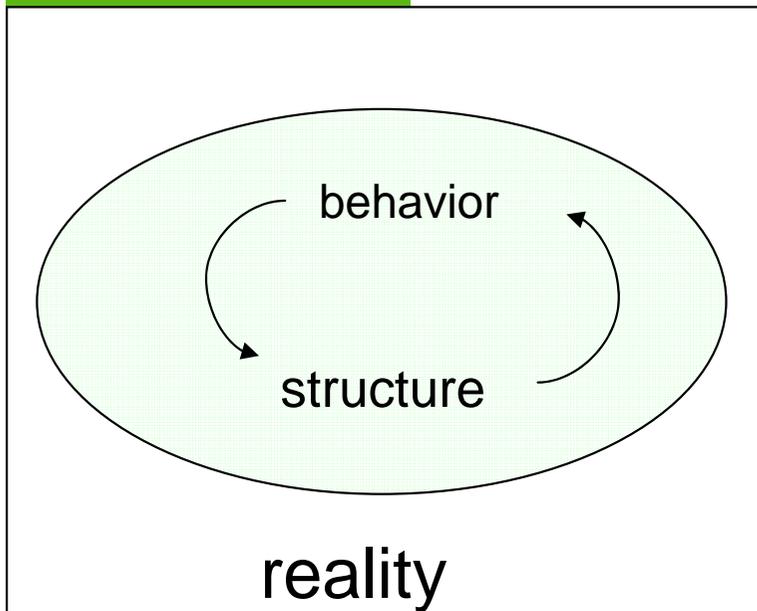
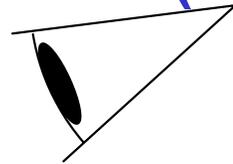
Towards Carfree Cities Conference IX 28.06.2010



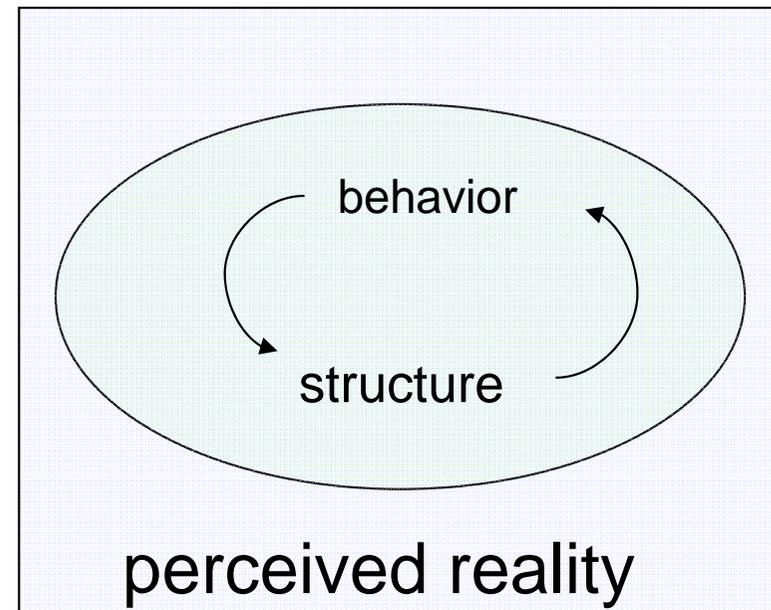
# Understanding human behaviour

## Reality – perceived reality

human behavior → maximizing utility  
= minimizing of effort (body energy)



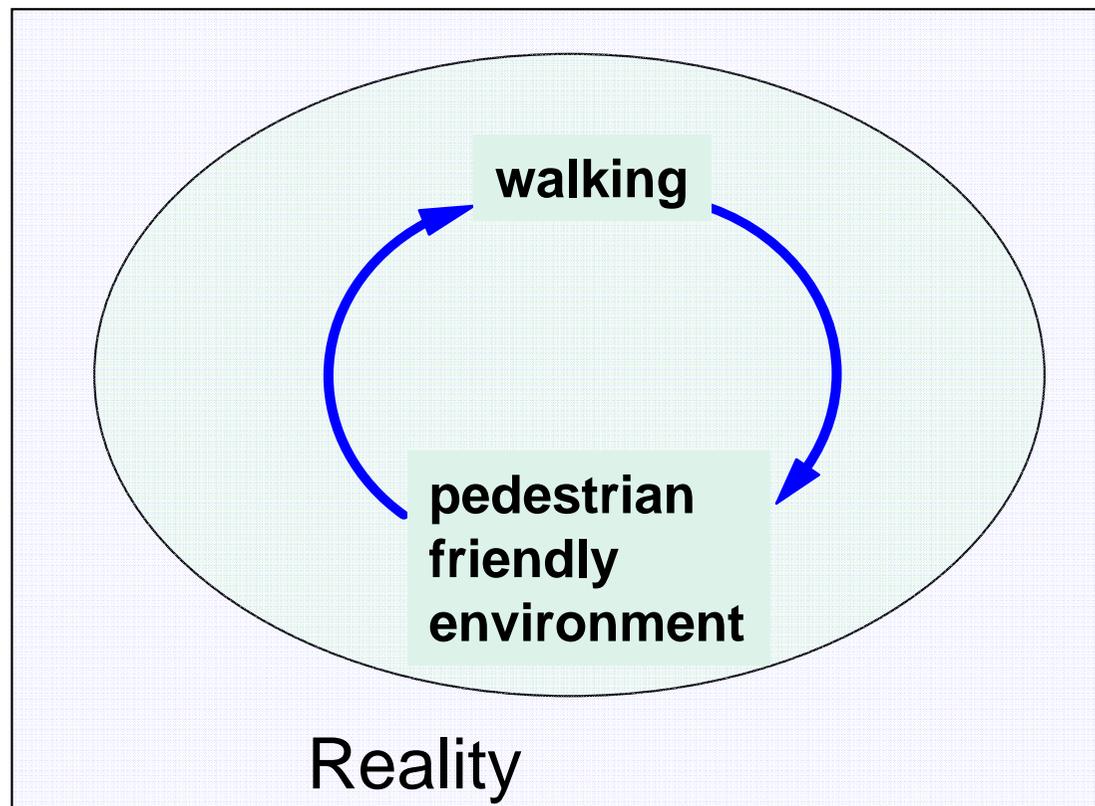
.....→  
Data  
.....→



humans adapt their behavior according to their perceived structure !  
Surrounding structure is man made!!  
Feedback



# Understanding human behavior





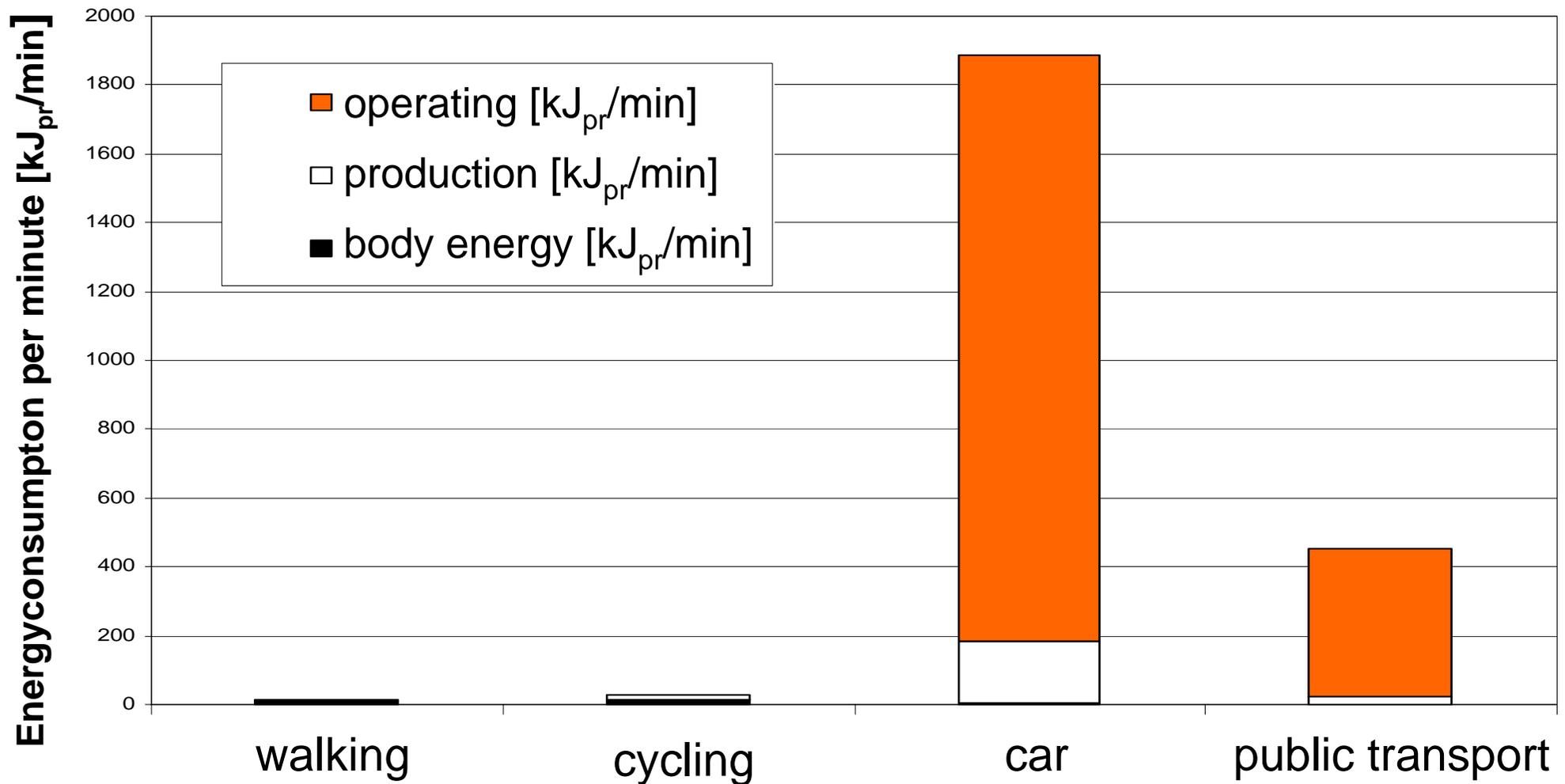
## Understanding human behaviour

| type of activity            | KJ/Min     | in relation to walking (=100%) |
|-----------------------------|------------|--------------------------------|
| sitting                     | 6.3        | 34,9                           |
| standing                    | 7.5        | 41,9                           |
| walking (4km/h)             | 18.0       | 100                            |
| walking (6km/h)             | 27.2       | 151,2                          |
| running (12km/h)            | 52.8       | 293,0                          |
| running (20km/h)            | 101.3      | 562,8                          |
| up hill walking (10%,3km/h) | 30.1       | 167,4                          |
| cycling (10 km/h)           | 16.7       | 93,0                           |
| cycling (15km/h)            | 24.7       | 137,2                          |
| cycling (20 km/h)           | 37.7       | 209,3                          |
| car driving (urban)         | 10.0 -17.6 | 60,5-97,7                      |
| car driving (rural)         | 9.2        | 51,2                           |
| car driving (116 km/h)      | 8.4        | 46,5                           |
| car driving (119km/h)       | 8.8        | 48,8                           |
| car driving (142km/h)       | 12.1       | 67,4                           |
| Lorry driving (rural)       | 11.3       | 62,8                           |

Source: „Gesamtumsatz an Körperenergie bei den Grundmustern der Verkehrsteilnahme“ (aus Schopf, J.M.,1992)



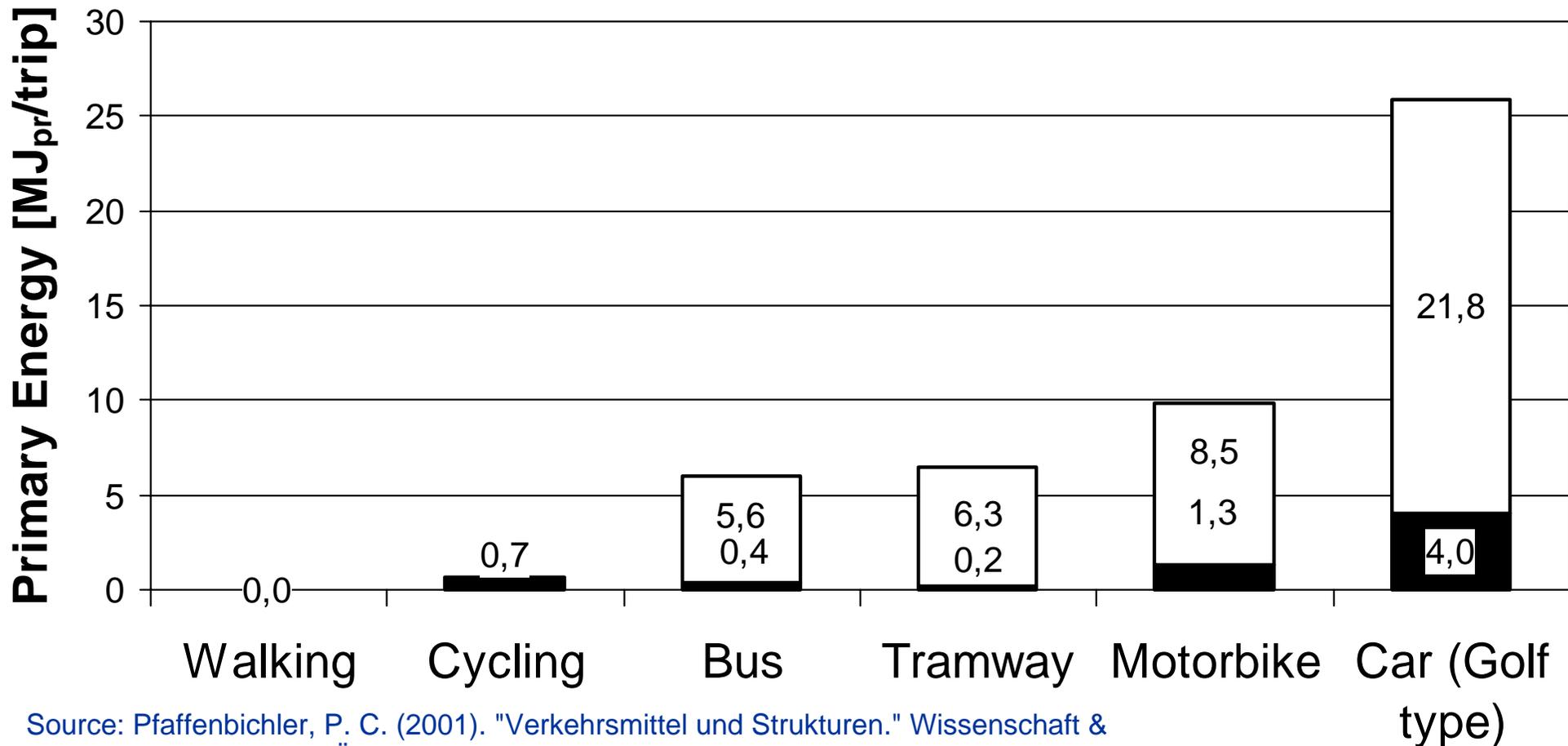
## Comparison of energy consumption per mode and minute





## Comparison energy consumptions per trip

■ Vehicle Production □ Operation

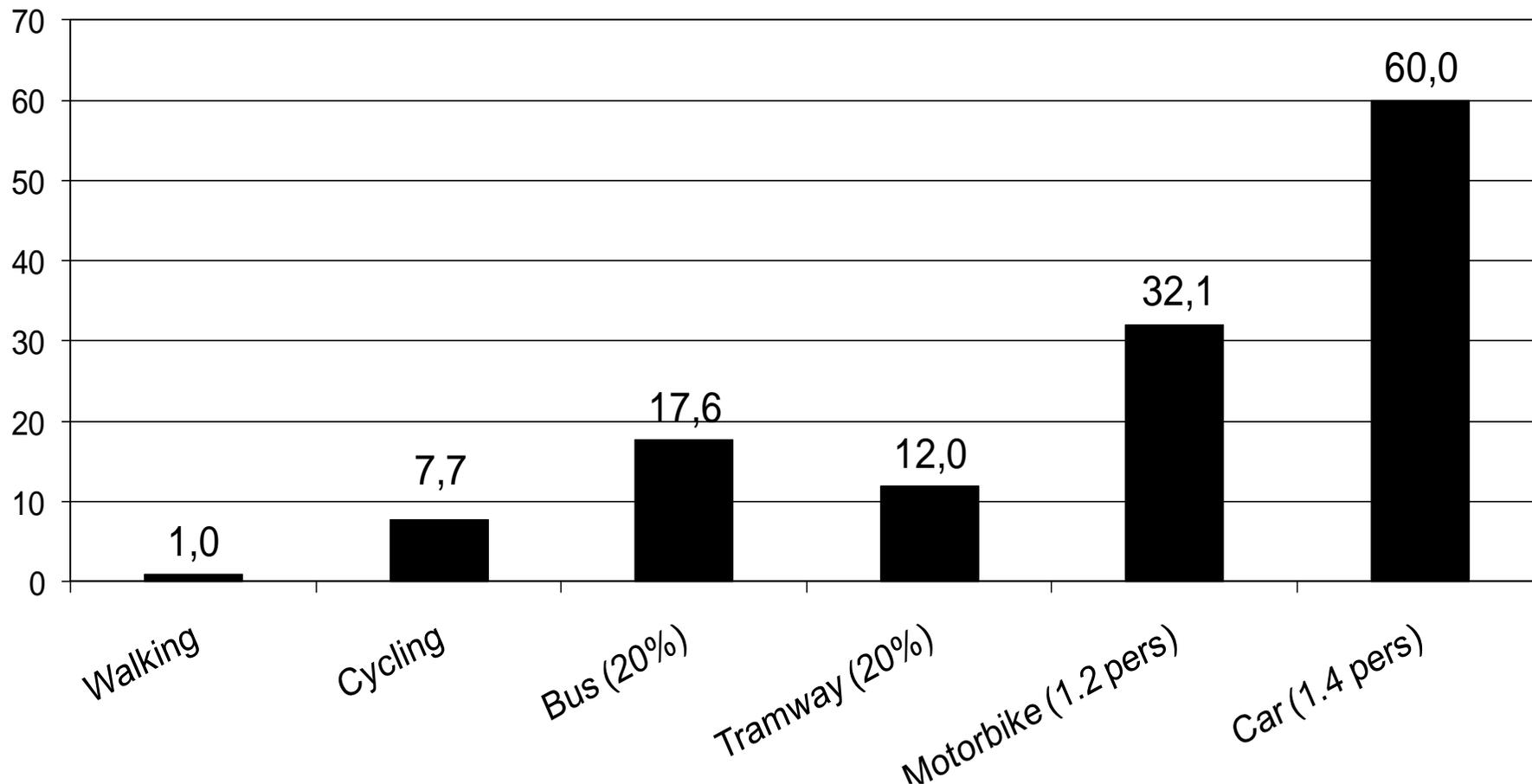


Source: Pfaffenbichler, P. C. (2001). "Verkehrsmittel und Strukturen." Wissenschaft & Umwelt INTERDISZIPLINÄR(3): 35-41.



# Comparison space consumptions

## Area consumption [m<sup>2</sup>/person]

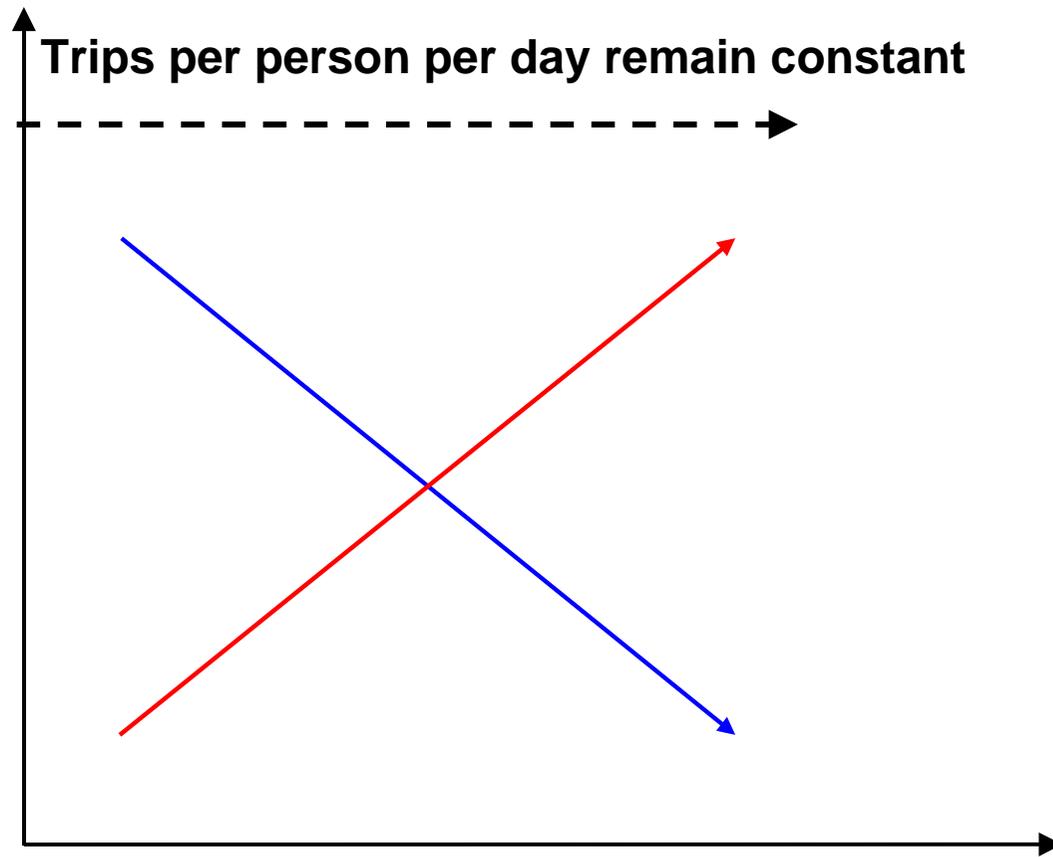


Source: Pfaffenbichler, P. (2001). "Verkehrsmittel und Strukturen." Wissenschaft & Umwelt Interdisziplinär(3), 35-42., own additional calculations



# No growth of mobility

Trips per  
Person per day



The Urban modes:  
Pedestrian -,  
Cycle-,  
PT-trips

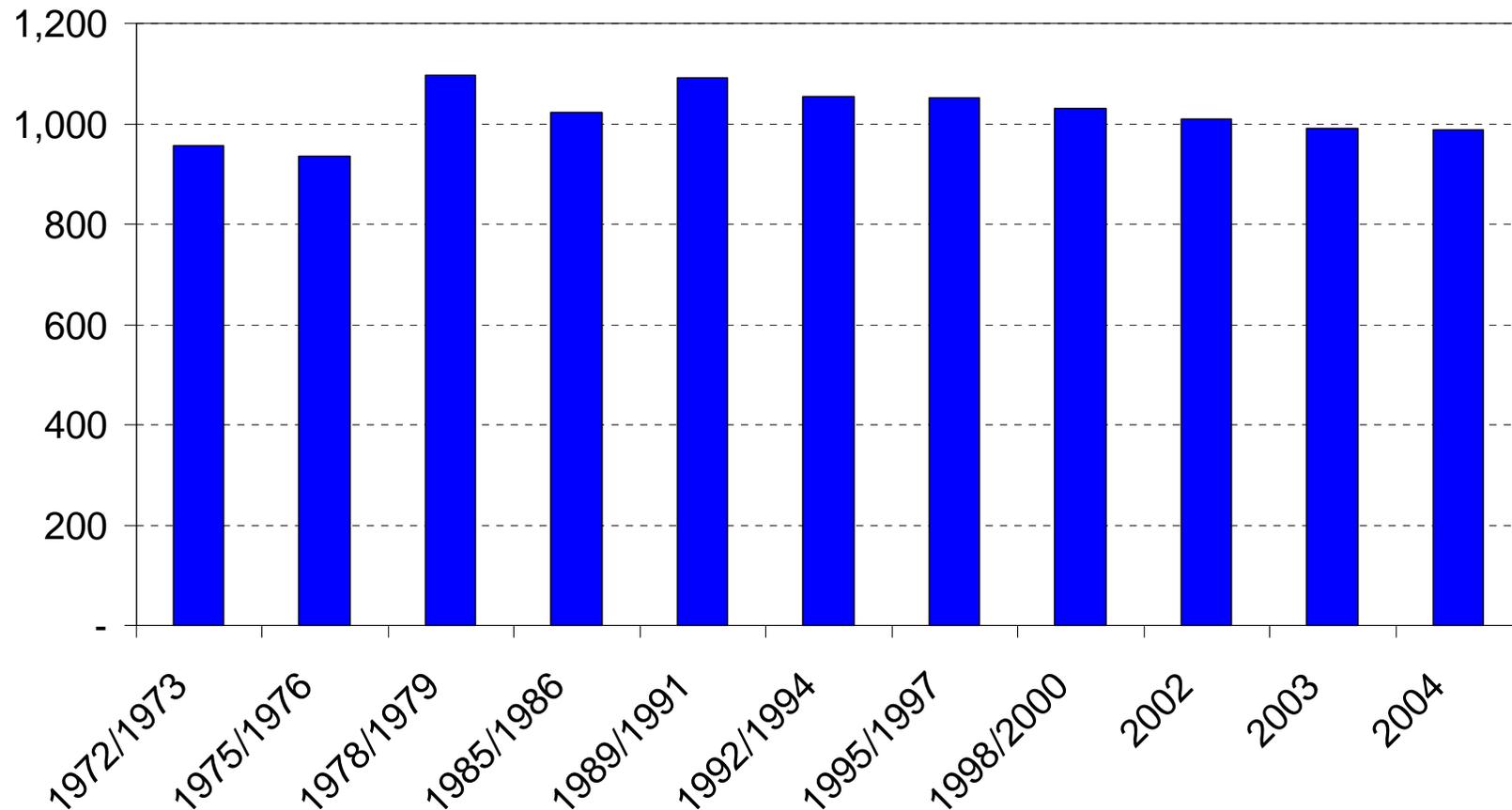
The non-urban  
mode:  
Trips by car

Motorisation



# Trip number - purposes

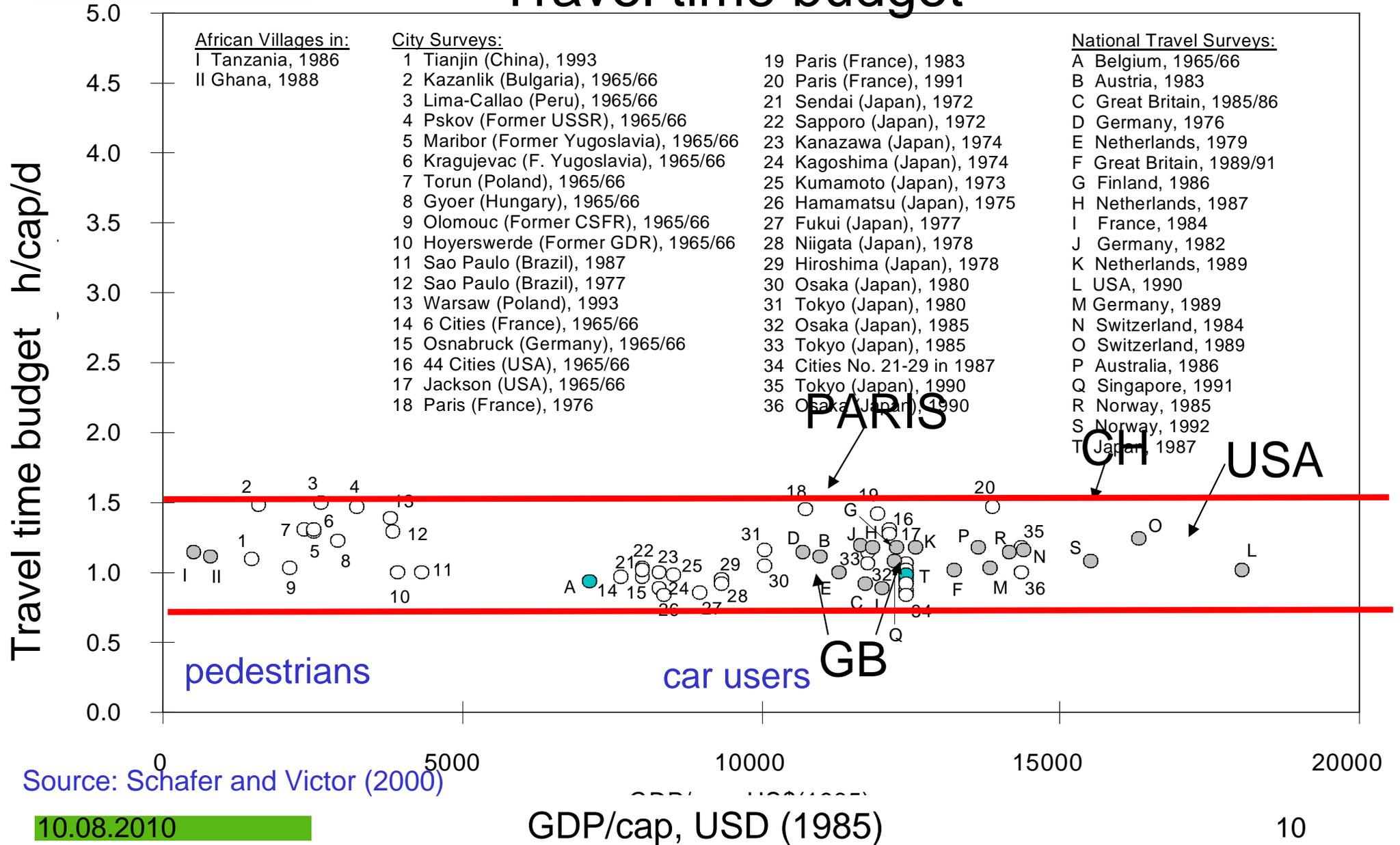
## Time series - number of trips in the UK



Source: [http://www.dft.gov.uk/stellent/groups/dft\\_transstats/documents/page/dft\\_transstats\\_039316.xls](http://www.dft.gov.uk/stellent/groups/dft_transstats/documents/page/dft_transstats_039316.xls)

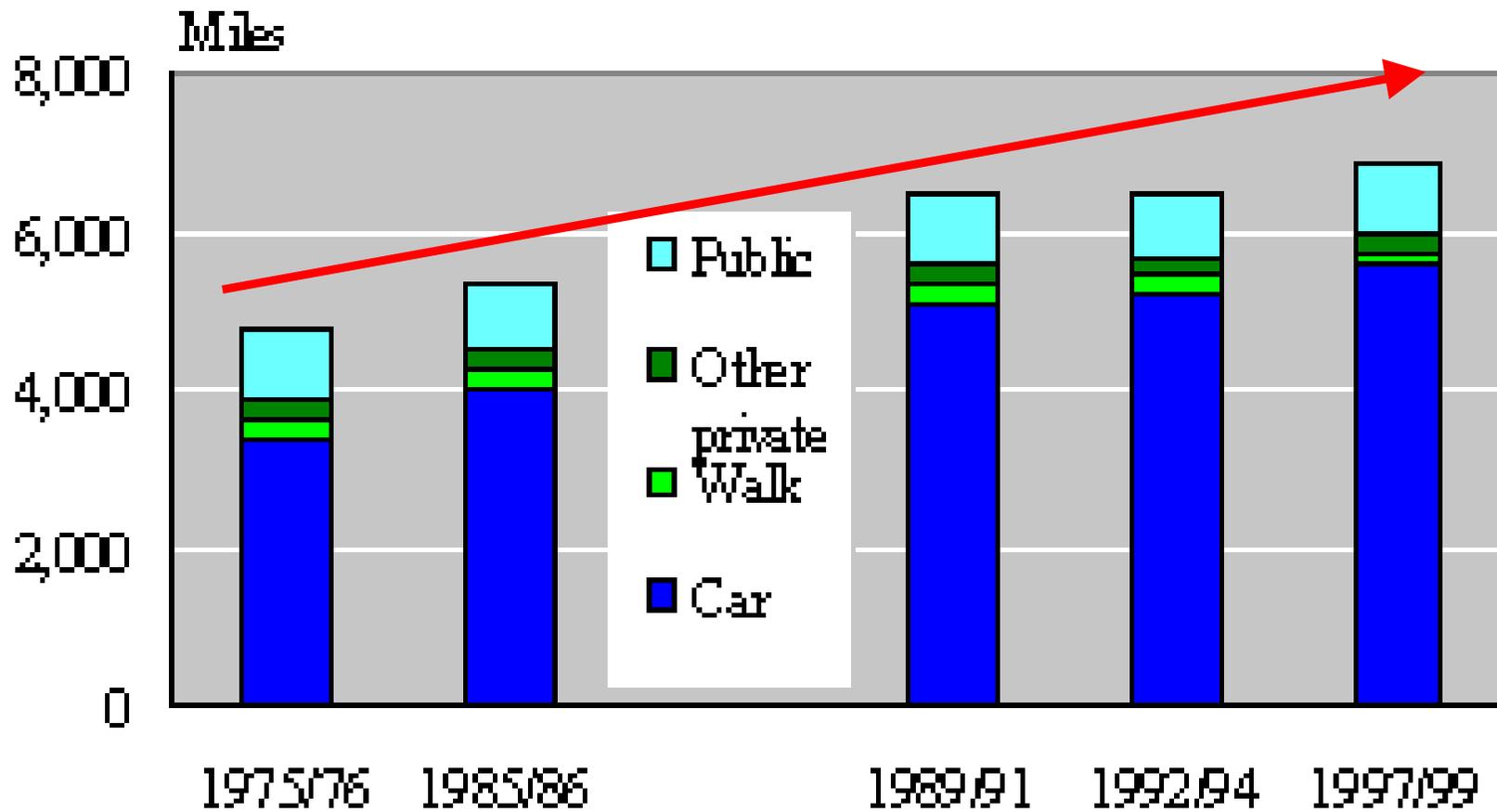


# Travel time budget

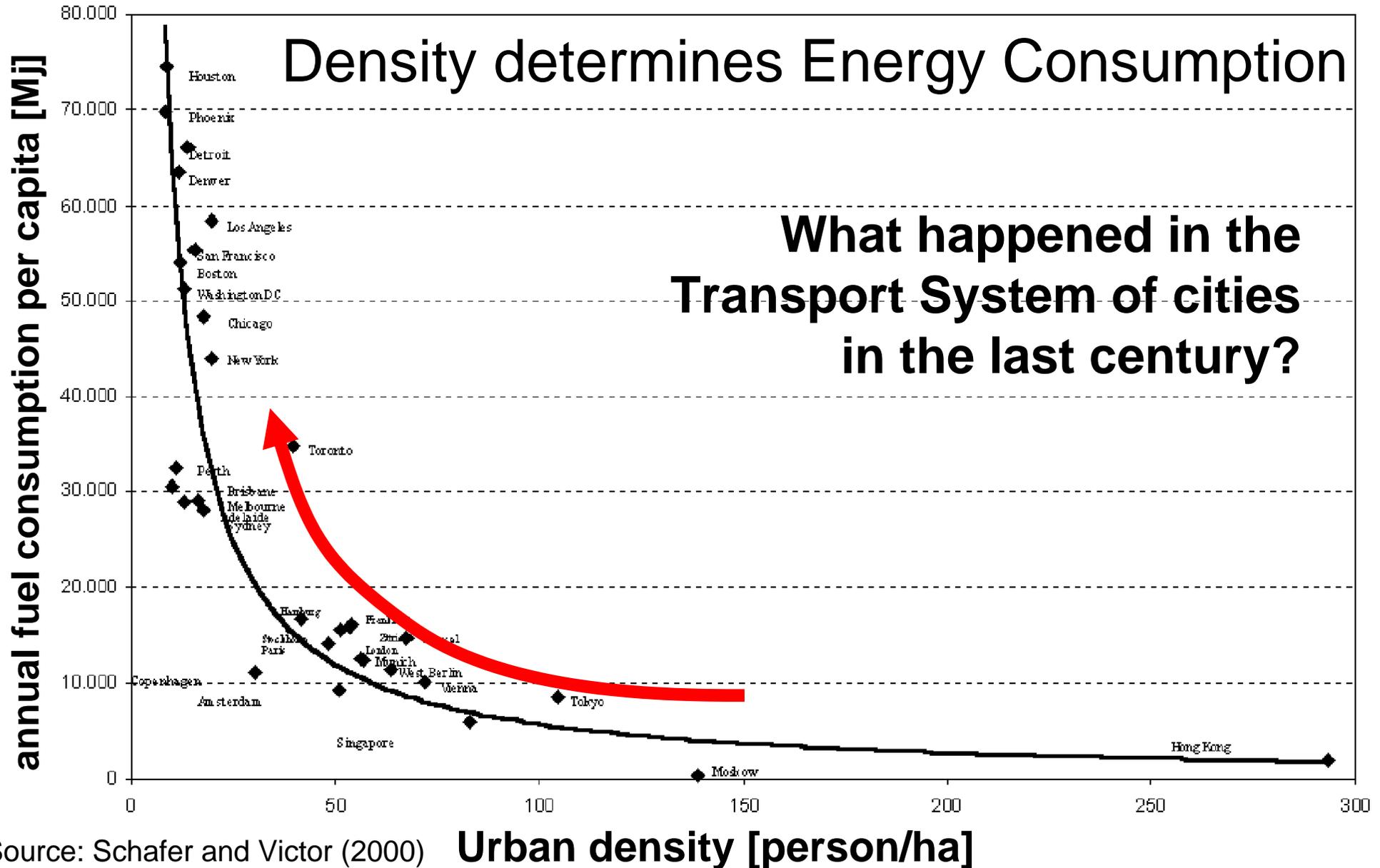


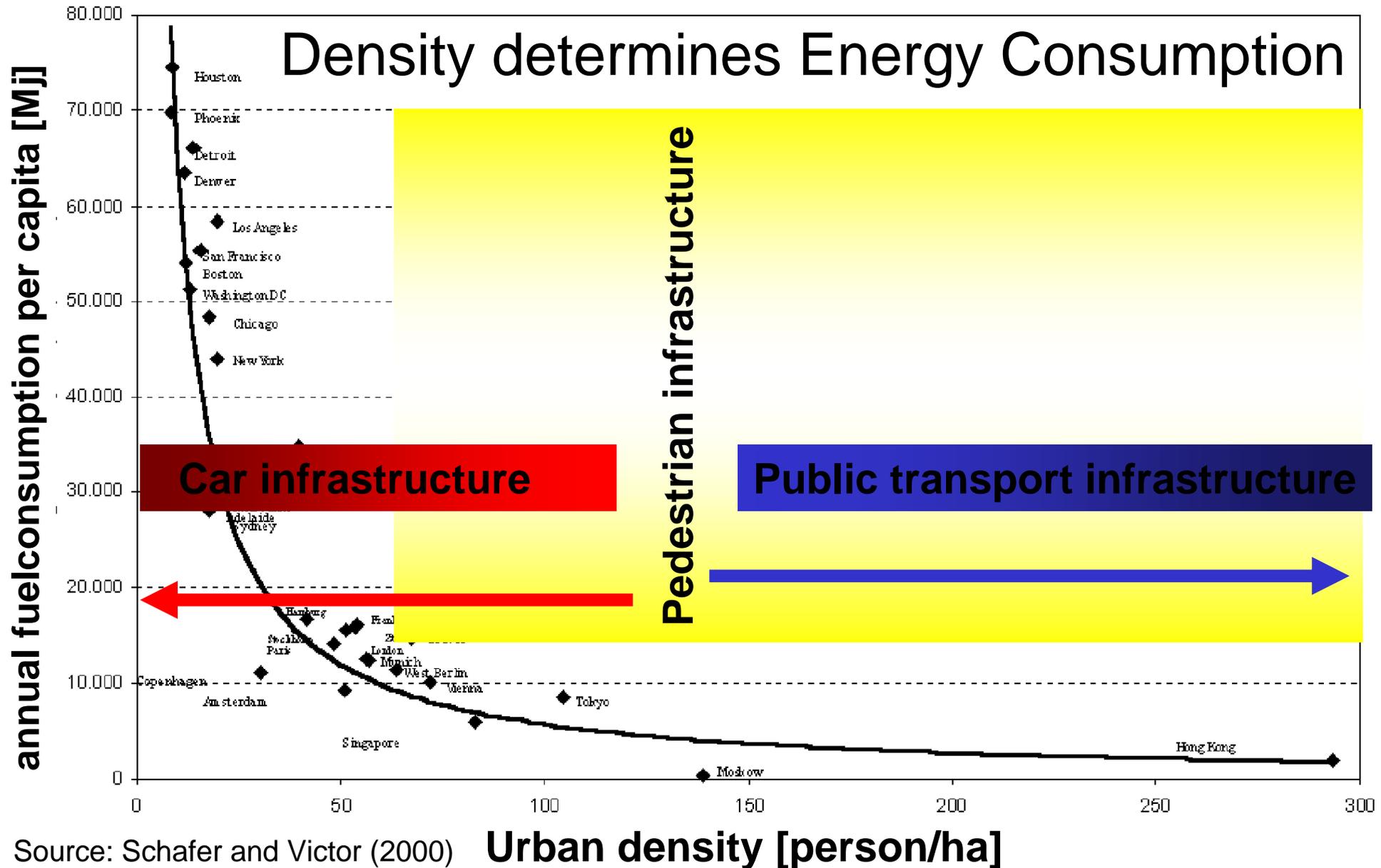


## What increases is the distance travelled per person per year by main mode!



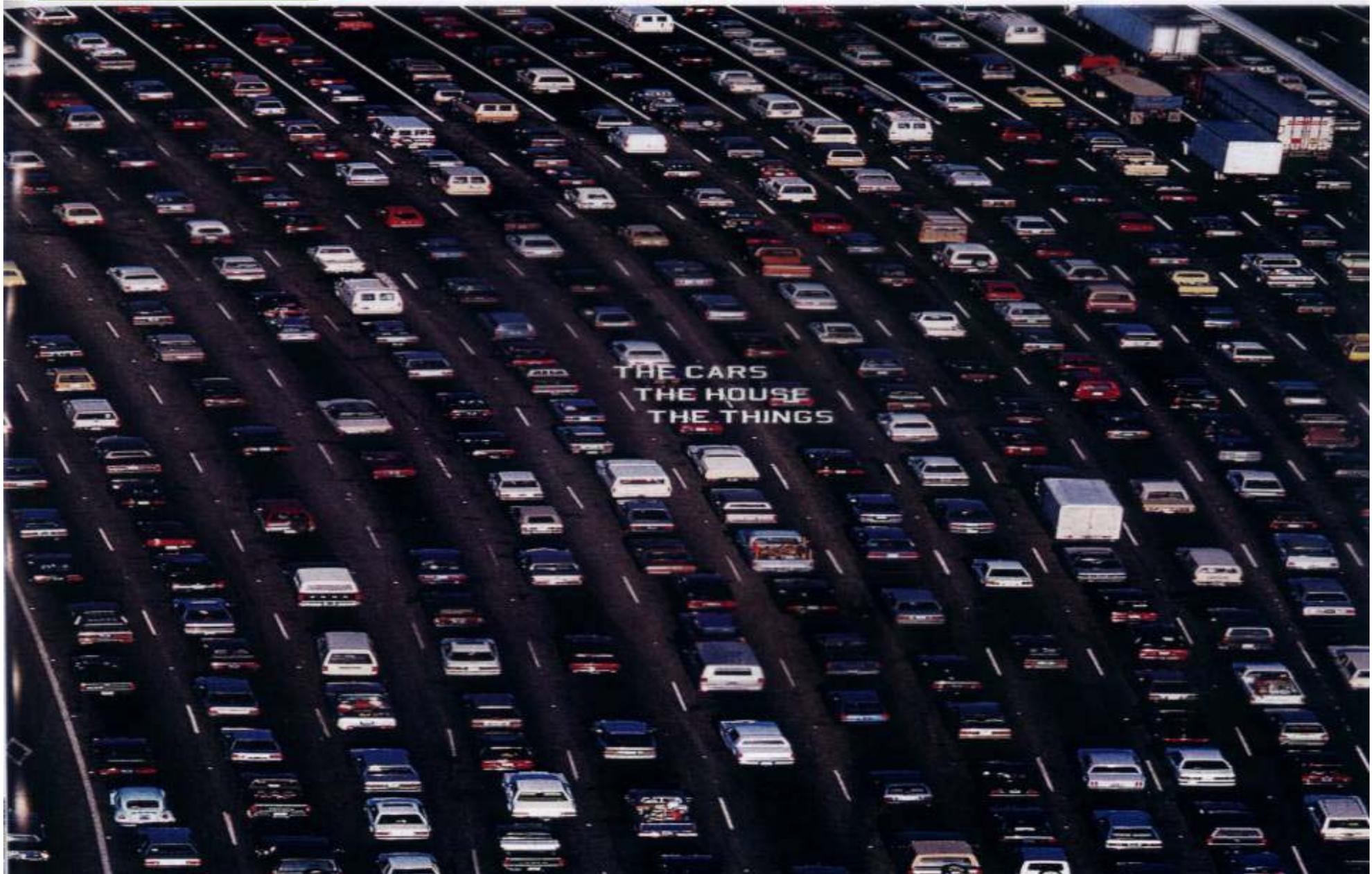
source: <http://www.transtat.dft.gov.uk>



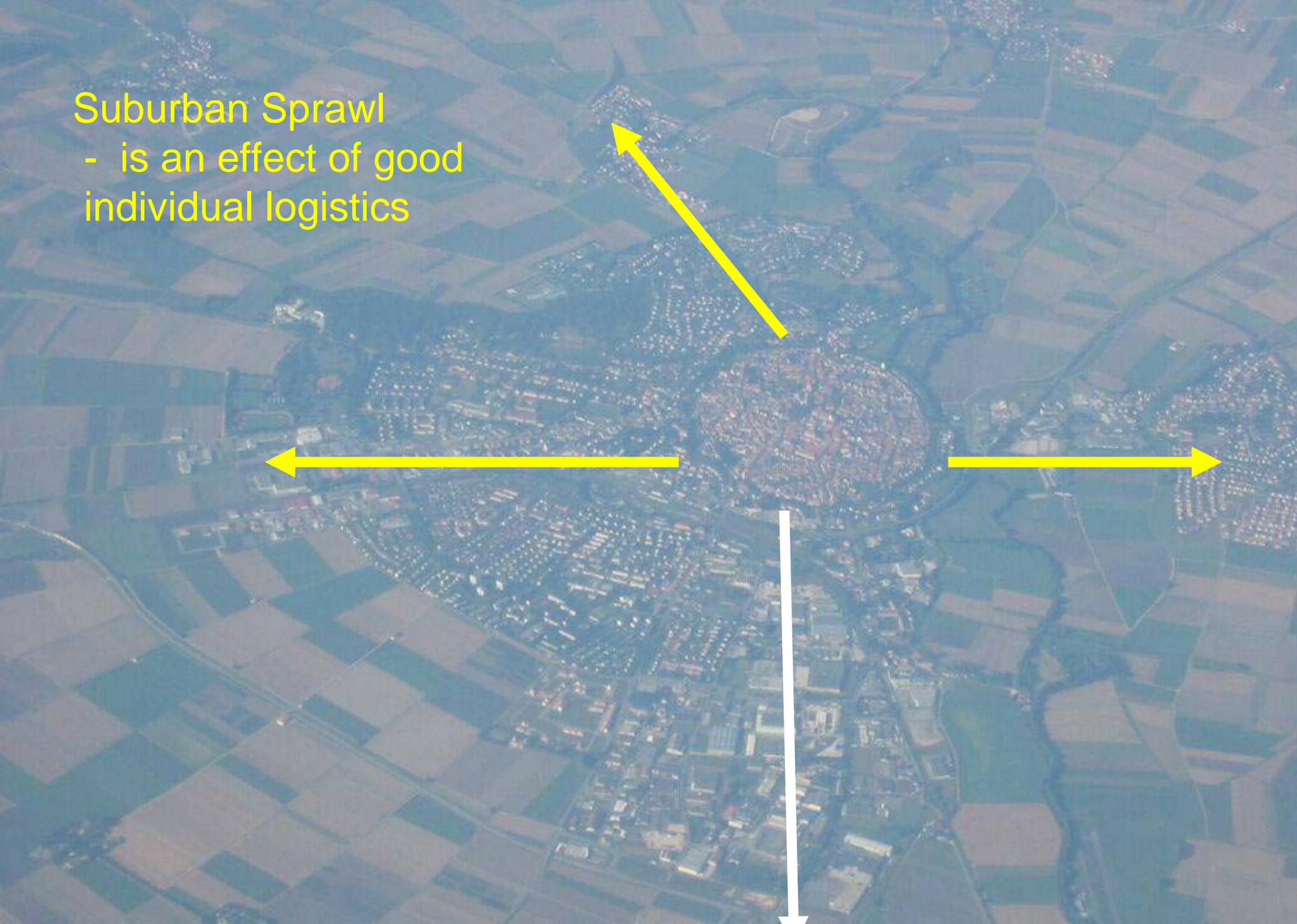


Source: Schafer and Victor (2000)





Suburban Sprawl  
- is an effect of good  
individual logistics



## Eisenstadt before (1980ties):



10 000 cars, 6000 pedestrians per day

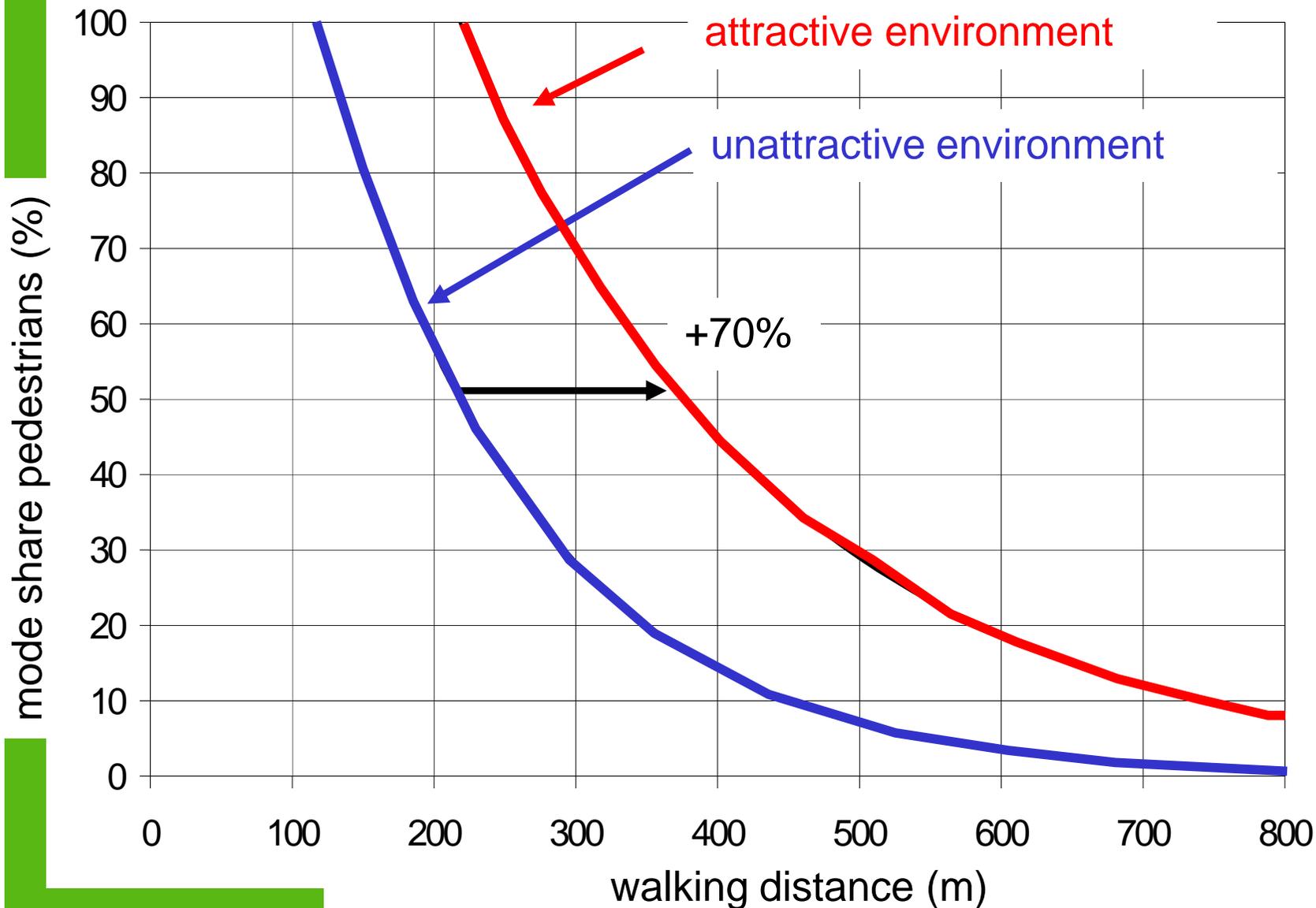


# Eisenstadt after (today):



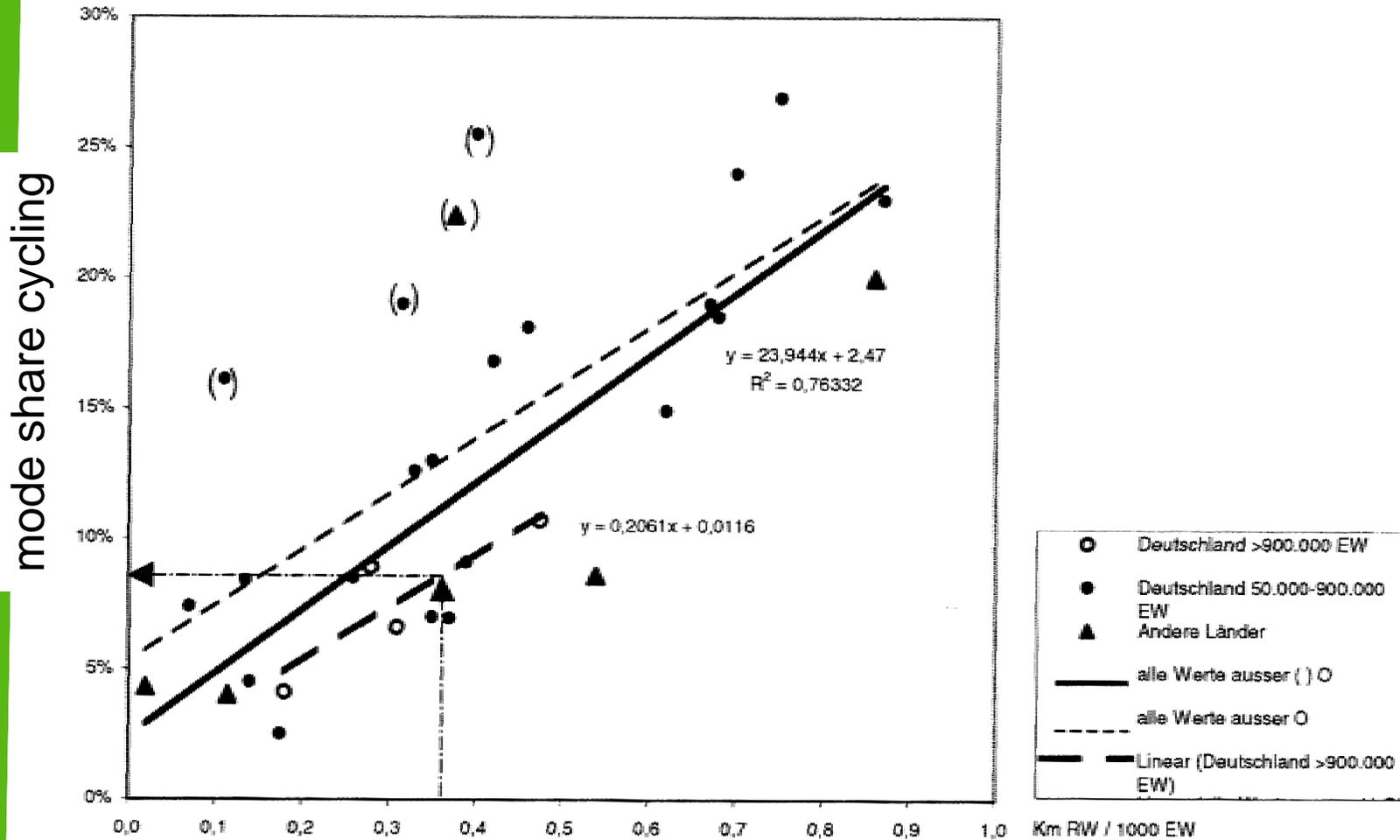
30 000 pedestrians per day plus .....







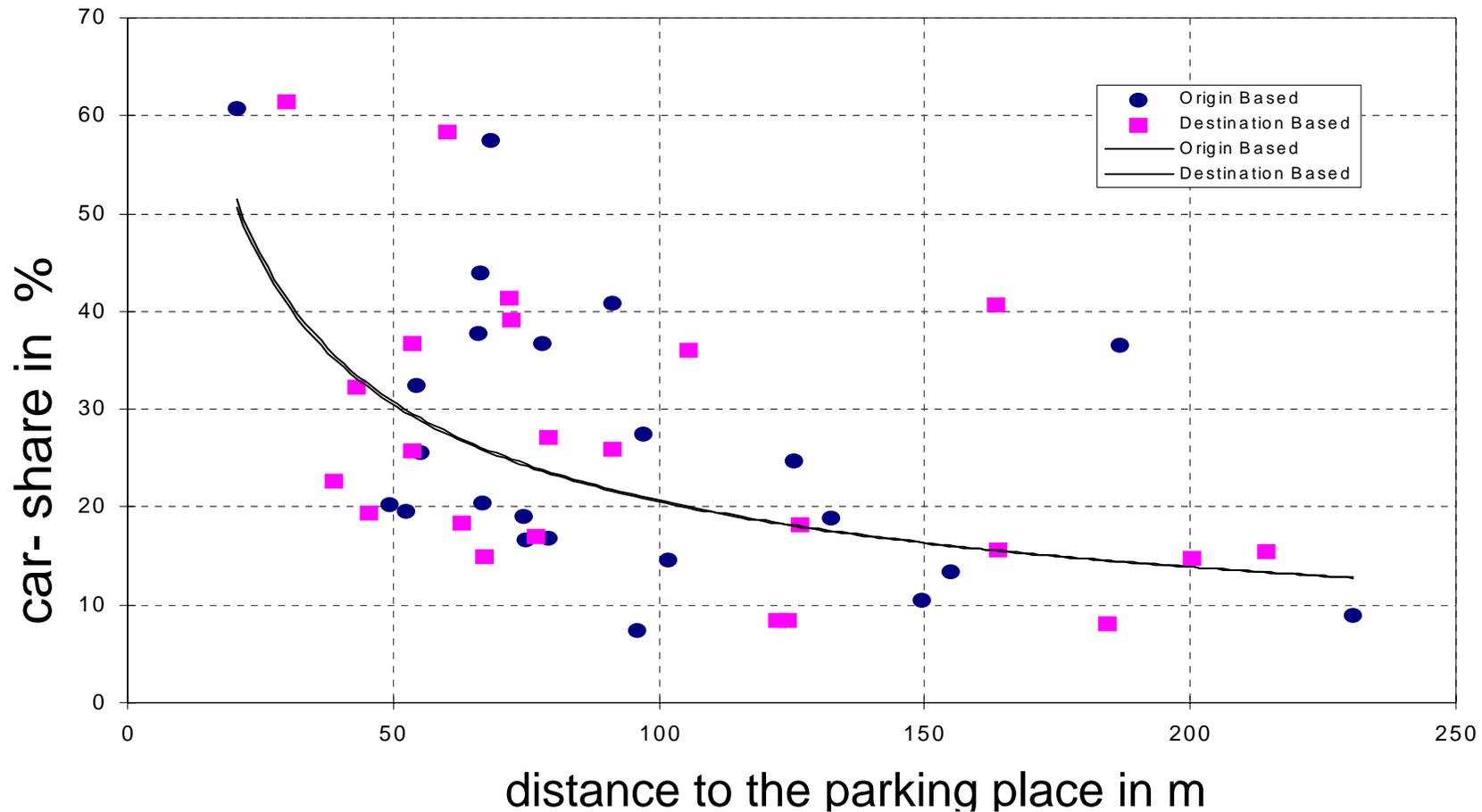
# Bike Infrastructure – bike use



km bike lanes per 1000 Inhabitants



# Car share depending on parking place distance



Source: Emberger, G., and Knoflacher, H. (1995). "Sustainable Development - Öko-City, Projektgruppe 1: "Mobilität in der Stadt" (Stadt und Verkehr). Band 3: Mobilitätsverhalten der Wiener Bevölkerung. Durchgeführt im Auftrag der Wiener Internationalen Zukunftskonferenz (WIZK).,,



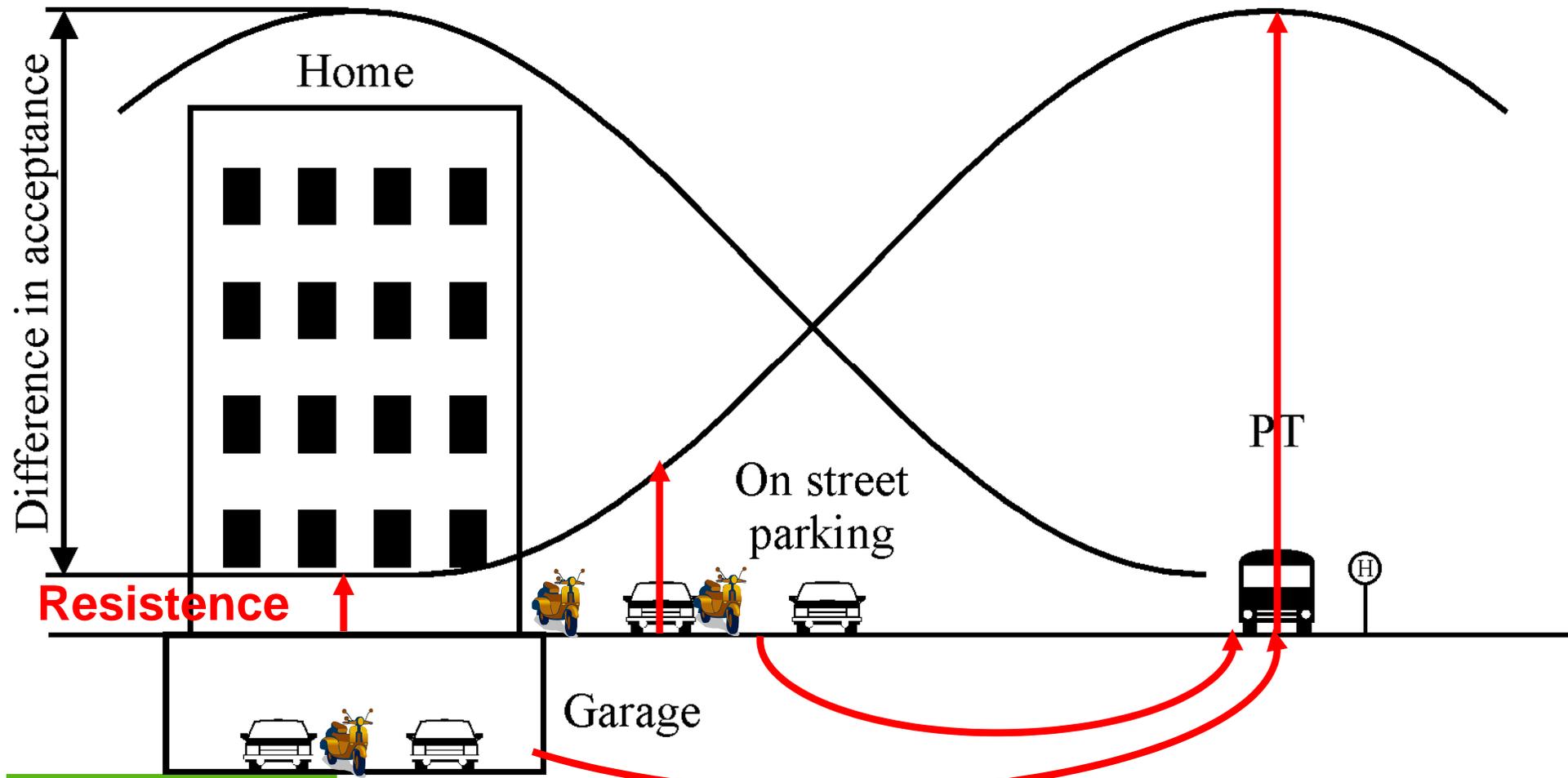
## Where is the solution?





# Alternative policies - Parking organisation

## Today's parking regulation

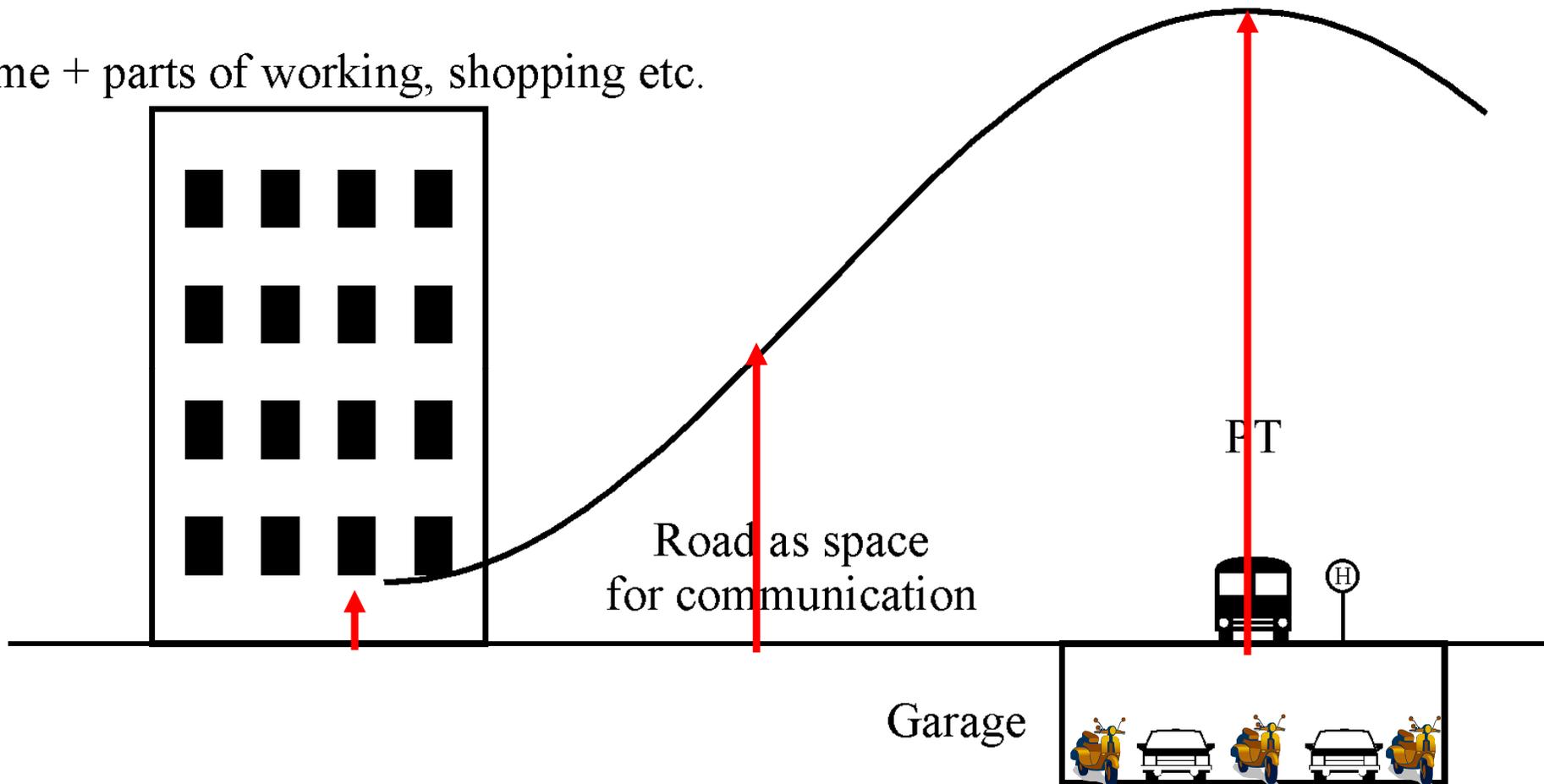




# Alternative policies - Parking organisation

## The basic solution

Home + parts of working, shopping etc.





- Traditional demand driven transport planning doesn't solve problems – it is the cause for the problems!!
- Car traffic is the “wrong” mode for cities – Oil Peak, CO<sub>2</sub> emissions, space consumption, etc.
- Car (motorised individual transport) infrastructure destroys settlement structures.
- A new systemic view on the land use - transport - system reveals cause - effect relations
- **Built structure influences behaviour** – “right” (infra)structure leads to “right” behaviour (sustainability)



- Solutions cannot be found in car/motorcycle traffic management.
- Technological improvements of the car cannot contribute significantly to solutions.
- Higher average car /motorcycle speed (motorised transport) increases the attractiveness of its use.
- Solutions for transport problems can be found in the organisation of parking space.
- Responsible transport planners have to provide infrastructure for sustainable means of transport – pedestrians, cyclists and public transport.
- There are huge time lags in the system!
- We have to change it now – or we are too late!!



## Steps from Carfree Day to Carfree Cities

### Temporary carfree

Carfree Parking Space

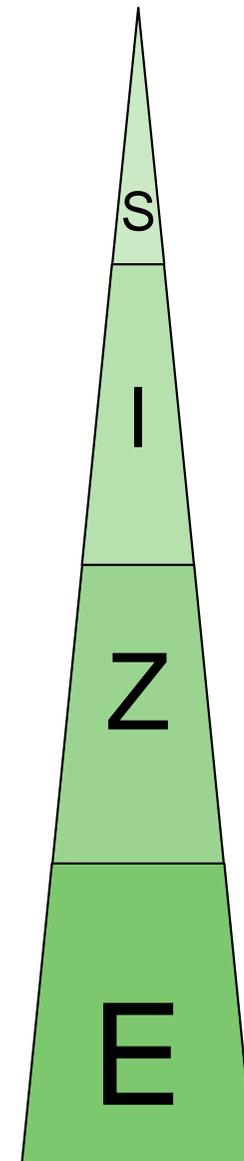
Carfree Street on Carfree Day

### Permanent carfree

Carfree Streets and Squares

Carfree Area

Carfree City





## Steps towards Carfree Cities

### Temporary carfree

| Carfree Development Step            | infrastructure elements / tools  | Car ownership | Approach                     |
|-------------------------------------|--|---------------|------------------------------|
| Carfree Parking Space               | metered parking spots<br>temporary public design<br>(plants, benches, etc.)                | No change     | Awareness rising             |
| Carfree Street on Carfree Day       | closing sections of streets for cars<br>temporary public design<br>(plants, benches, etc.) | No change     | Awareness rising             |
| Carfree Street on other occasions * | closing sections of streets for cars<br>markets  | No change     | Demonstration of feasibility |

\* Sport events (Marathon), business events (Christmas)



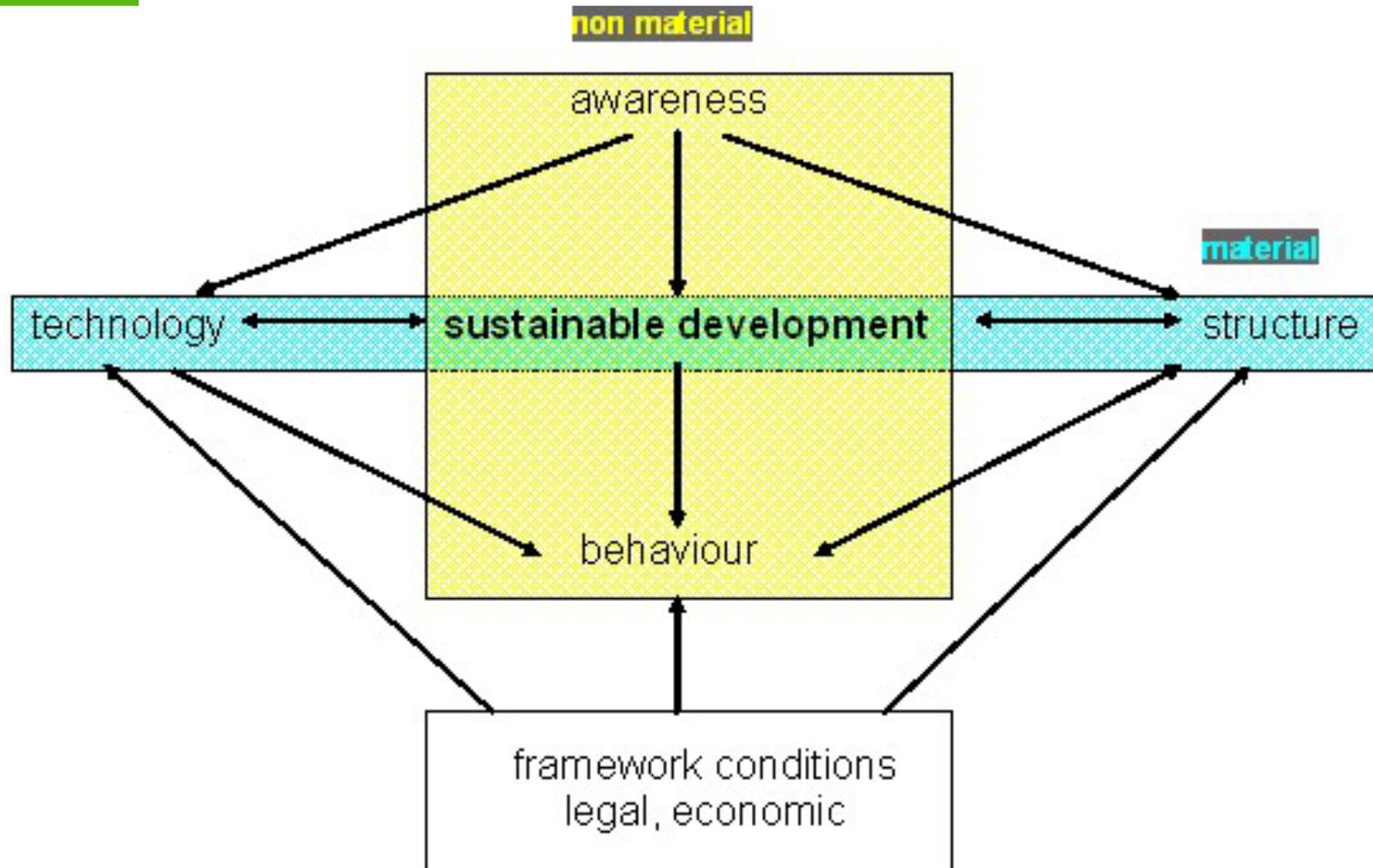
## Steps towards Carfree Cities

### Permanent carfree

| Carfree Development Step      | Appropriate transport infrastructure elements                                 | Car ownership         | Approach             |
|-------------------------------|---|-----------------------|----------------------|
| Carfree Streets and Squares   | Attractive Public Design<br>Collective garages                                | small reduction       | structural           |
| Carfree Area, transition step | Convenient Pedestrian and Cycling Paths<br>Collective garages                 | significant reduction | structural behaviour |
| Carfree Area                  | Convenient Pedestrian and Cycling Paths                                       | no private car        | structural behaviour |
| Carfree City                  | Convenient Pedestrian and Cycling Paths<br>Public transport - tram lines      | significant reduction | structural behaviour |
| Public Transport Region       | Compact settlements around stops; Public transport - (light) rail connections | significant reduction | structural behaviour |



## APPROACHES





Thank you for Your Attention



**ELTIS**

European Local Transport Information Service